

# HOLY FAMILY CATHOLIC PRIMARY SCHOOL

## NURSERY REMOTE LEARNING PLAN

**Date:** 4th February 2021



Holy Family R.C. Primary School

### Story time

This week it is children's mental health awareness week.

The theme for the week is "Express yourself!" We will be thinking about how we can express ourselves and all the special things about us.

Listen to Be Brave Little Penguin:  
<https://www.youtube.com/watch?v=f4TnDma78Oo>

Listen for the word "tremble". Tremble means something is shaking – it might be a body part because you are nervous or excited!

This story shows that sometimes all it takes is a little bit of encouragement and a whole lot of heart to finally make that leap and be brave!

### Abstract Art and Colours

Collect some small objects such as coasters, lids, coins, cups and jigsaw pieces. Have fun finding unusual shapes too!

Draw around each object with pencil on paper or card. Make sure they overlap! Colour each section with paint, and/ or coloured pens, crayons or pencils.

How many objects can you spot? Count them. Show it to someone else and see if they can guess which objects you drew around!



### Phonics Phase 1, Aspect 6 – Voice Sounds

What sound effects can you make using your voice/mouth? A clock ticking? A doorbell? The tap running?

Listen to some of the sounds at home or out and about. Try to recreate these sounds using your voice. How does your mouth move and feel when you make the sounds!

*Thank you to all for engaging with our home learning ideas. The main things to keep doing are reading, talking as much as possible and singing your favourite songs and rhymes.*

*Numberblocks and Alphablocks are good educational programmes to watch at home to support development. Phonics play is also free currently. In nursery we focus on Phase 1:*

<https://www.phonicsplay.co.uk/>

**You may log in with the following details:**  
**username: jan21 password: home**

### Being Brave

It is completely normal to feel scared or nervous sometimes, especially when you are stepping out of your comfort zone trying something new or tricky.

[https://www.youtube.com/watch?v=XLFEvHWD\\_NE](https://www.youtube.com/watch?v=XLFEvHWD_NE)

Keala Settle has to find her brave when rehearsing the huge song "This is Me".

How do the people look when they are singing? How do you think they are feeling? How does it make YOU feel!

Are you going to be brave and try something tricky or new today? Remember, it is okay to ask for help too! Do you think it is brave asking for help? (Yes it is brave!)